

Miami-Dade County Public Schools

School Wellness/Healthy School Team Committee Action Plan

School Year: 21-22

School Name & Location Number:	Coconut Grove ES #0841
Principal:	Jordana Schneider
Phone Number:	305-445-7876
School Wellness/Healthy School Team Leader:	Jeanette Arana, Assistant Principal
School Wellness/Healthy School Team Committee Members: (Please provide names for the following)	Jordana Schneider, Principal Jeanette Arana, Assistant Principal Valerie Leteinturier, Lead Teacher Gladys Santana, Cafeteria Manager Jonathan Berkey, PE Teacher Sarah Mendez, Mental Health Coordinator Liz Butler, Parent Volunteer Corey Schwartz, Parent Volunteer Mila Delfosse, Student representative
Committee Meeting Dates:	<ul style="list-style-type: none"> <li>• January 13, 2022 (Room Parent Meeting)</li> <li>• January 19, 2022 (Faculty Meeting)</li> <li>• January 26, 2022 (EESAC Meeting)</li> </ul>
<b>ACTION PLAN</b>	
School Wellness/Healthy School Team Goal: (Select all that apply)	<input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Education <input checked="" type="checkbox"/> Physical Activity <input checked="" type="checkbox"/> Health and Nutrition Literacy <input checked="" type="checkbox"/> Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	<p><b>Nutrition</b>            Promote free breakfast through Sunday Message system            PA announcements for:            National School Breakfast Week, National School Lunch Week, promoting free breakfast, promoting lunch menus            School Garden Visits</p> <p><b>Physical Education</b>            Aspen Fitnessgram Pre &amp; Post Test</p>

	<p><b>Physical Activity</b>  EPIC Sports Fun Day/Color Run  Superintendent 5K School Community Team</p> <p><b>Preventive Healthcare</b>  SEL lessons across all classes  CALM (mindfulness app)</p>
Community Engagement:	<p><b>Partners with:</b>  EPIC Sports  PTSA</p>
Monitoring and Evaluation:	<p>Sign-in sheets  IG and Twitter posts  Committee member survey</p>
Other Activities: If applicable, attach supporting documentation (e.g. event flyer)	<p>Mental Health Awareness Parent Informational Session</p>